Weekly Menu

From 16 to 20 November

	Starter	Meal	Dessert
Monday	GRTA Mixed Salad Hard-Boiled Egg with Mayonnaise and Corn and Chive Croutons	Lamb Meatballs with Provençal Sauce Crispy Herb Tofu Spiced semolina Vegetable Couscous Kohlrabi	Clementines Fruit Yogurt Chocolate Caramel Shortbread
Tuesday	Beets with Chives Mixed greens Vegetable Tabbouleh	Veal Pojarski Falafel Trio with Creamy Curry Sauce Bulgur Butter beans Root vegetables	Roasted Pear Crumble Raspberry Séré Mini Caramel Choux
Wednesday	Celery Remoulade Green Salad Lentil Salad	Roman-style squid rings Spanakopita with Spinach and Feta Conchiglie rigate pasta Sautéed Bell Peppers Celery Purée	Fresh Fruit Salad Coconut Puck Appenzeller
Thursday	Asian Salad Hummus and pita bread Romaine Lettuce Salad	Cheese Rösti Tartlet Roast Pork Heart of Wheat Romanesco broccoli Beets with Chives	Chocolate Chip Cookies Diced apples Blueberry Yogurt
Friday	Tomato Salad Tuna Wrap Iceberg Lettuce Salad	Pan-seared salmon fillet with herbes de Manchourian's balls Pilaf Rice Zucchini Leeks in Cream Sauce	Today's Compote Jam-filled roll Fruit of the Day

These menus are approved by our Nutrition Manager

Institut International Lancy

Enjoy your meal!