Weekly Menu

From 9 to 13 November

	Starter	Meal	Dessert
Monday	Cucumber with Vinaigrette Pork Cheek Terrine GRTA Mixed Salad	Tex-Mex Chicken Slightly Spicy Vegetable Samosa Alsatian Gnocchi Carrots Swiss Chard Gratin	Mango Salad Red Berry Cheesecake Fruit Yogurt
Tuesday	Grated carrots Fennel Salad Roman	Old-Fashioned Mustard Pork Onion Tart Fusillis Ratatouille Button mushrooms	Cake Kiwi Tomme
Wednesday	Margherita pizza Green Salad Mini bagel	Sliced beef Lentil and Quinoa Meatballs with Raita Sweet Potato Wedges Sautéed Spinach Roasted parsnips	Today's Compote Homemade Chocolate Dessert Greek yogurt with honey
Thursday	Coleslaw Cocktail shrimp Endives	Turkey Blanquette with Mushrooms Potato and Bell Pepper Tortilla Rice Broccoli Stir-fried potimarron	Tam Tam Chocolate Crème brûlée tartlet Kiri
Friday	Mixed greens Oranges in a vinaigrette Vegetable vermicelli	Cheese Omelet Shrimp Gyosa Red quinoa Green beans Roasted Salsify	Cottage cheese with coulis Dessert of the Day Fruit Smoothie

These menus are approved by our Nutrition Manager

Institut International Lancy

Enjoy your meal!