

Weekly Menu

From 5 to 9 October

	Starter	Meal	Dessert
Monday	 Tomato Salad Coleslaw Mixed Salad	 Vegetable Spring Rolls Turkey Blanquette with Mushrooms Bulgur Green peas Roasted red beet	 Diced mango Fruit Yogurt Chocolate muffin
Tuesday	 Asian Salad Roman	 Sausage for roasting Vegetarian empanadas Coquillettes Romanesco cauliflower Eggplant Parmigiana	 Fruit-flavored yogurt Cake Tam Tam Chocolate
Wednesday	 Green Bean Salad Green Salad Pasta Salad	 Ground beef patty Roasted Zander Fillet Pearled barley Grilled Vegetables Carrot Puree	 Compote Sugar Crepes Tomme
Thursday	 Carrot Salad Iceberg lettuce	 Chicken Biryani by Chef Arul Lentil Patties with Cream Cheese Rice Green beans Kohlrabi	 Diced pineapple Chocolate Liégeois Appenzeller
Friday	 Batavia Lettuce Salad Salmon Wrap Red Cabbage Salad	 Fish and chips with tartar sauce Wild Boar Stew Baby potatoes Roasted Bell Peppers Jerusalem artichoke	 Cottage cheese with coulis Chocolate Dessert Fruit of the Day

These menus are approved by
our Nutrition Manager



Institut
International
Lancy

Enjoy your meal!