

Weekly Menu

From 28 September to 2 October

	Starter	Meal	Dessert
Monday	 Mixed Salad Lentil Salad Tomato Pasta Salad	 Turkey Cordon Bleu Vegetarian Pumpkin \ Potato wedges Flat beans Artichokes	 Chocolate Waffles Fruit Yogurt Watermelon
Tuesday	 Corn Salad with Chives Country-Style Terrine Batavia	 Spiced Lamb Meatballs Vegetable Gyosa Semolina Vegetable tagines Baked Fennel	 Banana Red Berry Cheesecake Kiri
Wednesday	 Carrot Dip's Avocado and Shrimp Salad Sucrine	 Beef Burritos Sea bream fillet with sauce vierge Spätzli Leeks Brussels sprouts	 Compote French Toast Yogurt
Thursday	 Beets Greek Salad Romaine Lettuce Salad	 Pork ribs Vegetable Quiche Conchiglie pasta Roasted Zucchini Root vegetables	 Pear Cubes Cookies Vanilla Dessert Cream
Friday	 Shredded Cabbage Duo Potato Salad Mixed greens	 Multigrain Pollock Sticks Gnocchi and Squash Gratin Polenta Broccoli assortment of vegetables	 Drinkable yogurt Chocolate éclair Fruit of the Day

These menus are approved by
our Nutrition Manager



Institut
International
Lancy

Enjoy your meal !