












Weekly Menu

From 1 to 5 June

	Starter	Meal	Dessert
Monday	 Fattouche salad Oriental tabbouleh Mixed salad	 Chicken Mafé Chakchouka Semolina Carrots with cumin Okra	 Fruit salad Thiakry Fruit yogurt
Tuesday	 Asian salad Mini Poke bowl Spring roll	 Vegetable noodles Stir-fried Chinese noodles with beef Noodles Wok vegetables	 Litchi Mocchi Vanilla yogurt
Wednesday	 Portuguese salad Pao com chouriço Rissois	 Bacalhau com natas Bifanas French fries Broccoli	 Pasteis de nata Watermelon Fruit of the day
Thursday	 Mexican salad Sea bream ceviche Green salad	 Pork ribs with barbecue sauce Mac and cheese Potatoes with herbs Roasted corn Feijoada	 Chocolate donuts Pancakes with maple syrup Melon
Friday	 Mixed salad Tzaziki and blinis Salmon gravlax	 Lamb moussaka Nasi goreng Bulgur and quinoa duo Zucchini gratin Vegetables of the world	 Mango Lassi Cannoli by Francesco Fruit of the day

These menus are approved by
our Nutrition Manager



Institut
International
Lancy

Enjoy your meal !