
















# Weekly Menu

From 4 to 8 May

	Starter	Meal	Dessert
Monday	 Raw vegetables Chickpeas with chorizo GRTA mixed salad	 Chicken nugget's Vegetarian Nugget's Farfalle pasta Ratatouille Borlotti beans	 Strawberries Fruit yogurt Donut's chocolate
Tuesday	 Remoulade celery Hummus and feta Green salad	 Sautéed quorn Chili con carne Rice pilaf Broccoli Roasted celery	 Vanilla ice cream Gruyère cheese stick Melon cube
Wednesday	 Beet salad Mini ham croissant Zucchini soup	 Cereal risotto with turmeric and chives Veal breast with olives Polenta cake Sautéed button mushrooms Grilled Pak choy	 Apples Lemon cream Vanilla yogurt
Thursday	 Romaine salad Vegetable wrap with tuna Citrus quinoa salad	 Pork slice Spanakopita feta and spinach Semolina Crisp vegetable stir-fry Red cabbage	 Kiri Chocolate tam tam Homemade creamy caramel cookie
Friday	 Tomato and mozzarella Oriental Tabbouleh Salad of the day	 Scottish salmon steak Tatin of sunny vegetables Rösti Green beans Grilled vegetables	 Banana Baba vanilla verbena Dessert of the day

These menus are approved by our Nutrition Manager

Enjoy your meal !



Institut International Lancy