



Weekly menu 17 to 21 November 2025



Monday

GRTA tomato salad / Tuna wrap / Mixed salad

Squid rings Roman style
Or Beef sauté with onions

Bulgur wheat / Green beans / Aubergine gratin

Clementines / Yoghurt / Chocolate caramel shortbread



Tuesday

Chinese cabbage salad / Fish rilette / Rocket and Parmesan salad

Chicken and merguez sausage couscous
Or Trio of falafel with creamy cumin sauce
Semolina / Couscous vegetables / Chickpeas

Fromage blanc with coulis / Diced apples / Panacotta with red berries



Wednesday

Carrot dips / Goat's cheese toasties / Batavia lettuce salad

Macaroni and cheese
Or Vegetable spring rolls
Macaroni / Squash / Rutabaga

Babybel cheese / Cheesecake / Fresh fruit salad



Thursday

Beetroot and Granny Smith apples / Greek salad / Green salad

Tomato and mozzarella arancini
Or Rougail de Diot
Rice / Leeks / Parsnips

Orange Cube / Chocolate mousse / Tomme cheese



Friday

Grated carrots / Cucumber tzatziki / Salad of the day

Breaded turkey escalope
Or Vegetable pakoras, creamy curry sauce
Rösti / Corn ribs / Flageolet beans

Mango and coconut shortbread / Dessert of the day



Ces menus sont validés par notre responsable nutrition. Bon appétit !