



Menu 30 and 31 October 2025



Monday



Tuesday



Wednesday



Thursday

Cucumber raita salad / Lentil salad / Mixed salad
Turkey cordon bleu
Or Vegetarian breaded cutlet, tomato and basil sauce
Pasta / Cauliflower / Autumn vegetable stir-fry
Pineapple cubes / Sugar pancakes / Tomme cheese



Friday

Carrot salad / Slice of savoury cake / Iceberg lettuce salad
Squash falafel with creamy curry sauce
or Zurich-style sliced pork
Rice / Squash and squash seeds / Julienne vegetables
Fruit yoghurt / Halloween cake



Ces menus sont validés par notre responsable nutrition. Bon appétit !



Weekly menu 3 to 7 November 2025



Monday

Beetroot salad / Russian salad / Iceberg lettuce salad

Pork stir-fry with curry sauce
or Crispy vegetable trio
Bulgur wheat / Romanesco broccoli / Flageolet beans

Mango cubes / Mini muffins / Yoghurt



Tuesday

Corn salad with chives GRTA / Caesar salad / Celery rémoulade

Chicken drumstick with Provence herbs
or Candied vegetable tatin
Semolina / Broccoli / Grilled vegetables

Fresh fruit salad / Chocolate éclair / Gruyère cheese



Wednesday

Tomato salad / Cheese ramekin / Romaine lettuce salad

Cheese tortellini
or Ham on the bone from Chappuis
Green lentils / Sautéed peppers / Seasonal pan-fried vegetables

GRTA apricot yoghurt / Speculoos pear / Banana



Thursday

Mixed salad GRTA / Courgette salad / Pasta salad

Beef burger
or Vegetarian burger
Potato wedges / Butter beans / Parsley root

Homemade apple compote / Cocoa waffle / Drinking yoghurt



Friday

Cabbage salad / Tomato and basil bruschetta / Mixed salad leaves

Vegetable spring rolls, sweet and sour sauce
Or Hake dips and fish, tartar sauce
Fried rice / Peas / Vegetable stir-fry

Babybel cheese / Cheesecake / Dessert of the day



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novae
Partisans du goût