



Weekly menu 15 to 19 September 2025



Monday

Mimosa egg / Crunchy coleslaw salad

Rösti stuffed with cream cheese
or Beef stew with tomatoes and olives
Wheat hearts/Butter beans / Leeks with Grana Padano cheese



Apple compote / Custard and meringue / Yoghurt

Tuesday

Cherry tomatoes / Artichoke vinaigrette / Mixed salad

Turkey Viennoise, tartar sauce
or Vegetarian escalope with tomato and cheese
Fusilli pasta / Ratatouille / Sautéed parsnips



Strawberries / Tomme cheese / Flan

Wednesday

Beetroot salad / Pasta salad / Mixed vegetable salad

Tomato and basil cappelletti
or Provençal veal meatballs
Semolina with paprika / Green peas / Cardoon gratin



Brownie/ Pineapple / Yoghurt

Thursday

Cucumber salad / Multicoloured tomato salad / Greek-style mushrooms

Scottish salmon steak with beurre blanc sauce
or Homemade tomato tatin with basil
Rice / Turmeric-roasted cauliflower / Salsify



Nectarine / Pear with speculoos / Raspberry and lemon dessert

Friday

Tomato gazpacho / Tuna rice salad / Courgettes salad

Sliced chicken with honey soy sauce
or Tomato, spelt and provolone burger
Sweet potatoes / Broccoli / Celery



Raspberry yoghurt / Cheesecake / Banana



Ces menus sont validés par notre responsable nutrition. Bon appétit !

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Weekly menu 22 to 26 September 2025



Monday

Duo of grated carrots / Greek salad / Sucrine lettuce salad

Hake with multigrain rice, curry sauce
or Potato and onion tortilla
Quinoa / Roasted cauliflower / Artichoke



Grapefruit / Yoghurt with honey / Marbled cake

Tuesday

GRTA tomato salad / Quinoa salad with citrus fruits / Iceberg lettuce salad

Beef stir-fry with onions
Or Breaded Quorn cutlet
Rice / Broccoli / Candied peppers



Apple tart / Caramel dessert cream / Tomme cheese

Wednesday

Beetroot salad with chives / Rice salad / Mixed salad

Zurich-style minced turkey
or Vegetable quiche
Sweet potato fries / Peas and carrots / Swiss chard



Banana/fromage blanc with strawberry coulis / Tarte Tropézienne

Thursday

Corn salad / Mixed salad leaves / Mixed vegetable salad

Herb-crusted chicken drumstick
or Zucchini rondini stuffed with vegetables and Grana Padano cheese
Gratin Dauphinois / Ratatouille / Sautéed celery cubes



Grapes / Chocolate mousse / Apple with speculoos biscuits

Friday

Cucumber salad with yoghurt / Asian-style vegetable medley / Endive salad

Manchurian balls, creamy curry sauce
Or Braised pork cheek
Penne pasta / Roasted tomato / Rutabaga



Pineapple cubes / Flan / Dessert of the day



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