



Weekly menu 25 to 29 september



Monday

GRTA Novae selection salad
OR Celery salad
OR Red beans with peppers
Chicken nugget, cocktail sauce
OR Plain dumplings with tomato cream
Pasta, broccoli and beans



Apples
OR Vanilla Tam Tam
OR Chocolate cake

Tuesday

GRTA cucumber slices
OR mixed salad
OR Pasta salad
Vegetables Pakoras
OR Lemon chicken
Basmati rice, roasted tomatoes and creamed spinach
Organic Fairtrade banana
OR Strawberry yoghurt
OR Apple pie



Wednesday

GRTA ratatouille salad with basil
OR mixed salad
OR Carrot salad
Argentine shrimp fricasse à la à la provençale
OR Grilled vegetarian steak, parsley cream
Wheat noodles, parsley carrots and peas
Pear
OR Petit Suisse
OR Coconut Rocher



Thursday

GRTA Batavia salad
OR Rice salad
OR Cucumber
Lamb and apricot meatballs
OR Vegetable balls
Semolina, GRTA Roasted courgettes baked peppers
Grapes
OR Cheese stick
OR Madeleine



Friday

GRTA Tomato salad
OR Potatoes salad
OR Mixed salad
Vegetables risotto
OR Two salmon risotto
Mashed potatoes, green beans and diced celery
Diced oranges
OR Caramel panna cotta
OR Apple and banana compote



These menus have been approved by our nutrition manager. Enjoy your meal!