



Institut
International
Lancy

5th - 9th December 2022

Menu 1



Menu 2

Monday	<p>Novae GRTA selection mixed salad Sliced pork with Paprika</p> <p>Fruit yoghurt GRTA</p>	<p>Grated beetroot GRTA Vegetables Pakora, curry yoghurt sauce</p> <p>Bulgur semolina Broccoli</p> <p>Pear</p>
Tuesday	<p>GRTA Iceberg salad Pea protein kebab Pita bread, raw vegetables</p> <p>Apple</p>	<p>GRTA Batavia salad Hamburger (Swiss beef) Bread buns, raw vegetables and pickles</p> <p>Country potatoe cuts</p> <p>Fruit compote</p>
Wednesday	<p>Shredded carrots Oriental beef balls Flavoured rice Spinach leaves Chocolate mousse</p>	<p>Raw vegetables Pasta gratin with vegetables</p> <p>Pineapple cubes</p>
Thursday	<p>Vegetable macédoine Plaice fillet, lemon sauce</p> <p>Cheese sticks</p>	<p>Lollo Rosso Salad Chicken wings, juice</p> <p>Farfalle GRTA backed squash</p> <p>Fairtrade Organic banana</p>
Friday	<p>Vegetables soup Ramequin with cheese</p> <p>Organic clementine from Sicily</p>	<p>Red cabbage salad Veal sausage, shallot sauce Rösti Grilled vegetables Cottage cheese with fruits coulis</p>

2 types of bread organic and /or GRTA are offered each week



GRTA, Genève Région - Terre Avenir certifies products from the Geneva region for sustainable development.

These menus, validated by our nutrition specialists,
meet Fourchette Verte Junior criteria.

Enjoy your meal !

novae
Partisans du goût



Menu 1

Menu 2

Monday	<p>Fruit juice GRTA tofu chilli and quorn</p> <p>Home-made Brownie</p>	<p>Basmati rice Carrots</p>	<p>GRTA Novae selection salad Autumnal chicken breast</p> <p>Apples</p>
Tuesday	<p>Coleslaw salad Chicken thigh, juice</p> <p>Organic orange from Sicily</p>	<p>Spaghetti Green beans</p>	<p>Shredded carrots Vegetable spring rolls</p> <p>Fruits Petits suisse</p>
Wednesday	<p>GRTA cabbage salad Veal Pojarski</p> <p>Kiwi cubes</p>	<p>Mashed potatoes Chard ribs with tomato</p>	<p>Chinese cabbage salad Scottish salmon filet Loch Duart, sauce</p> <p>Homemade pudding pie</p>
Thursday	<p>Carrot duo Ravioli with cheese, tomato and basilic sauce</p> <p>Valais compote</p>		<p>Iceberg and corn salad Lamb Tajine Semolina Oriental vegetables Plain yoghurt</p>
Friday	<p>Celeri salad Fish fritters, tartare sauce Roasted potatoes Aubergine au gratin Fruit quark</p>		<p>GRTA Batavia salad Roast pork, mustard sauce</p> <p>Organic Fairtrade Banana</p>

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19th - 23rd December 2022



Menu 1

Menu 2

Monday	<p>Shredded carrot duo Vegetarian nuggets, ketchup</p> <p>Fruit yoghurt</p>	<p>Brown Penne Broccoli</p>	<p>GRTA Lollo Rosso Salad Saint Gall Schüblig, white wine sauce</p> <p>Cubes Pineapple</p>
Tuesday	<p>Christmas Menu</p> <p>Novae selection mixed salad and Scottish smoked salmon Ballotine of poultry, mushrooms sauce Gratin dauphinois Vegetables mix Homemade Chocolate and citrus entremet</p>		
Wednesday	<p>Grated beetroot GRTA Quenelles with vegetables au gratin Organic clementine from Sicily</p>		
Thursday			
Friday			

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