

# LUNCH SERVICE

## MIGROS

I.I. DE LANCY

WEEK 17

MONDAY 26 APRIL 2010 TO

FRIDAY 30 APRIL 2010

### MONDAY 26 APRIL

#### *GREEN FORK*

Curly Lettuce Salad/Grated Courgettes  
Sautéed Lamb with Spring Vegetables/NZ  
Oriental Bulgur  
Nicoise Style Salsify  
Apricot Séré Dessert

Curly Lettuce Salad/Grated Courgettes  
Roasted Chicken Leg/CH  
Oriental Bulgur  
Nicoise Style Salsify  
Apricot Séré Dessert

### TUESDAY 27 APRIL

#### *GREEN FORK*

Endive Salad/Tomatoes  
Old-Fashioned Turkey Blanquette/France  
Coquillettes Pasta 3 Colors  
Vichy Style Carrots  
Fruit Compote

Endive Salad/Tomatoes  
Neapolitan Beef Ravioli/CH  
Vichy Style Carrots  
Fruit Compote

### WEDNESDAY 28 APRIL

#### *GREEN FORK*

Mixed Tossed Salad, 4 Kinds  
Pure Beef Ground Steak/CH  
Wheat au Gratin  
Spinach  
Petit Suisse with Fruit

Mixed Tossed Salad, 4 Kinds  
Sauerkraut with Variety of Meat/CH  
Petit Suisse with Fruit

### THURSDAY 29 APRIL

#### *GREEN FORK*

Tossed Scarole Salad/Croutons  
Pan-Fried Filet of Arctic Char/Island  
Rice Pilaw with Vegetables  
Fennel  
Vanilla Cream Dessert

Tossed Scarole Salad/Croutons  
Sautéed Veal with Dried Fruits/CH  
Rice Pilaw with Vegetables  
Fennel  
Vanilla Cream Dessert

### FRIDAY 30 APRIL

#### *GREEN FORK*

Tossed Salad and Diced Beets  
Shepherd's Pie/CH  
Cauliflower with White Sauce  
Fresh Fruit

Tossed Salad and Diced Beets  
Valencian Paella/CH  
Cauliflower with White Sauce  
Fresh Fruit

# BON APPETIT

