

LUNCH SERVICE

MIGROS

I.I. DE LANCY

WEEK 12

MONDAY 22 MARCH 2010 TO

FRIDAY 26 MARCH 2010

MONDAY 22 MARCH

GREEN FORK

Tossed Batavia Salad/Red Cabbage
Pan-Fried Steak of Salmon/Chile
Ebly Wheat à la Provencale
Peas
Yoghurt with Fruit

Tossed Batavia Salad/Red Cabbage
Beef Stroganoff/CH
Ebly Wheat à la Provencale
Peas
Yoghurt with Fruit

TUESDAY 23 MARCH

GREEN FORK

Tossed Salad/Cucumber
Sweet and Sour Turkey/France
Basmati Rice
Country Style Vegetables
Vanilla Cream Dessert

Tossed Salad/Cucumber
Roast Veal with Rosemary/CH
French Fries
Country Style Vegetables
Vanilla Cream Dessert

WEDNESDAY 24 MARCH

GREEN FORK

Tossed Curly Lettuce Salad/Croutons
Beef Bourguignon/CH
Potatoes au Gratin Dauphinois
Romanesco Cauliflower
Fruit Compote

Tossed Curly Lettuce Salad/Croutons
Rabbit with Mustard/France
Potatoes au Gratin Dauphinois
Romanesco Cauliflower
Fruit Compote

THURSDAY 25 MARCH

GREEN FORK

Tossed Lolo Salad/Tomatoes
Spinach Stuffed Chicken Leg,
Gravy with Herbs/Brazil
Gnocchis with Milk
Glazed Carrots
Chocolate Eclair

Tossed Lolo Salad/Tomatoes
Sautéed Pork with Cream/CH
Gnocchis with Milk
Glazed Carrots
Chocolate Eclair

FRIDAY 26 MARCH

GREEN FORK

Scarole Lettuce Salad/Grated Courgettes
Neapolitan Lasagna with Beef/CH
Broccoli
Fresh Fruit/Pear

Scarole Lettuce Salad/Grated Courgettes
Old-Fashioned Turkey Blanquette/Fr
Cornette Pasta with Butter
Broccoli
Fresh Fruit/Pear

BON APPETIT