

LUNCH SERVICE

MIGROS

I.I. DE LANCY

WEEK 11

**MONDAY 15 MARCH 2010 TO
FRIDAY 19 MARCH 2010**

MONDAY 15 MARCH

GREEN FORK

Grated Carrot Salad
Sautéed Beef with Wild Mushrooms/CH
Cornette Pasta
Nicoise Style Aubergines
Petits Suisses with Fruit

Grated Carrot Salad
Grilled Chicken Leg/Brazil
Cornette Pasta
Nicoise Style Aubergines
Petits Suisses with Fruit

TUESDAY 16 MARCH

GREEN FORK

Tossed Mixed Salad,4 Kinds
Cod Nuggets/France
Parsleyed Boiled Potatoes
Green Beans with Parsley
Fresh Fruit/Kiwis

Tossed Mixed Salad,4 Kinds
Roast Lamb with Herbs/NZ
Country Style Potatoes
Green Beans with Parsley
Fresh Fruit/Kiwis

WEDNESDAY 17 MARCH

GREEN FORK

Tossed Lolo Salad/Cubed Beets
Stuffed Tomatoes/CH
Creole Rice
Courgettes with Thyme
Caramel Custard

Tossed Lolo Salad/Cubed Beets
Sauerkraut with Pork/CH
Caramel Custard

THURSDAY 18 MARCH

GREEN FORK

Tossed Salad/Soybean Sprouts
Ground Chicken Steak/France
Macaroni
Whole Leaf Spinach
Fromage Blanc with Fruit Sauce

Tossed Salad/Soybean Sprouts
Sautéed Veal Zurichoise/CH
Macaroni
Whole Leaf Spinach
Fromage Blanc with Fruit Sauce

FRIDAY 19 MARCH

GREEN FORK

Tossed Curly Lettuce Salad/Croutons
Ham with Bone, Brown Sauce/CH
Mashed Potatoes Mousseline
Swiss Chard Neapolitan Style
Fruit Cocktail

Tossed Curly Lettuce Salad/Croutons
Shepherd's Pie/CH
Swiss Chard Neapolitan Style
Fruit Cocktail

BON APPETIT