

# LUNCH SERVICE

## MIGROS

I.I. DE LANCY

**WEEK 09**

**MONDAY 01 MARCH 2010 TO  
FRIDAY 05 MARCH 2010**

MONDAY 01 MARCH

**GREEN FORK**

Tossed Mixed Salad/Grated Black Radish  
Turkey Cordon Bleu, Neapolitan Sauce/Fr  
Farfalle Pasta with Butter  
Leeks with White Sauce  
Yoghurt with Fruit

Tossed Mixed Salad/Grated Black Radish  
Hunter's Sautéed Lamb/CH  
Farfalle Pasta with Butter  
Leeks with White Sauce  
Yoghurt with Fruit

TUESDAY 02 MARCH

**GREEN FORK**

Tomato Salad/Basil  
Grilled Slices of Pork, Gravy  
Cold Cuts/CH  
Sliced Baked Potatoes with Onions  
Vichy Style Carrots  
Fruit Compote

Tomato Salad/Basil  
Sautéed Duck à l'Orange/France  
Sliced Baked Potatoes and Onions  
Vichy Style Carrots  
Fruit Compote

WEDNESDAY 03 MARCH

**GREEN FORK**

Tossed Oakleaf Lettuce Salad/Celery  
Valencian Paella/CH  
Spinach  
Floating Island

Tossed Oakleaf Lettuce Salad/Celery  
Mixed Grilled Kebabs/CH  
Potatoes au Gratin Dauphinois  
Spinach  
Floating Island

THURSDAY 04 MARCH

**GREEN FORK**

Tossed Cabus Salad/Grated Beets  
Sautéed Chicken with Tarragon/Brazil  
Mashed Potatoes Mousseline  
Rutabaga with Parsley  
Vanilla Cream Dessert

Tossed Cabus Salad/Grated Beets  
Roasted Faux-Filet of Beef/CH  
French Fries  
Rutabaga with Parsley  
Vanilla Cream Dessert

FRIDAY 05 MARCH

**GREEN FORK**

Tossed Salad/Green Beans  
Pan-Fried Filet of White Fish/NZ  
Rice with Tomatoes  
Fennel  
Fresh Fruit/Oranges

Tossed Salad/Green Beans  
Tortellini with Pesto/CH  
Fennel  
Fresh Fruit/Oranges

**BON APPETIT**