

LUNCH SERVICE

MIGROS

ASIAN WEEK

I.I. DE LANCY

WEEK 07

**MONDAY 15 FEBRUARY 2010 TO
FRIDAY 19 FEBRUARY 2010**

MONDAY 15 FEBRUARY

GREEN FORK

Tossed Batavia Salad/Celery
Sautéed Beef with Soybean Sprouts/CH
Cantonese Rice
Broccoli
Vanilla Cream Dessert

Tossed Batavia Salad/Celery
Grilled Chicken Leg/France
Cantonese Rice
Broccoli
Vanilla Cream Dessert

TUESDAY 16 FEBRUARY

GREEN FORK

Lolo Tossed Salad/Corn
Roast Pork with Sesame/CH
Oriental Bulghur
Carrots with Fresh Coriander
Fruit Cocktail

Lolo Tossed Salad/Corn
Sautéed Lamb with Rosemary/NZ
Oriental Bulghur
Carrots with Fresh Coriander
Fruit Cocktail

WEDNESDAY 17 FEBRUARY

GREEN FORK

Tossed Salad/Diced Beets
Mild Sautéed Chicken Curry/Brazil
Cornette Pasta with Butter
Parsleyed Green Beans
Chocolate Custard

Tossed Salad/Diced Beets
Sauerkraut with Meats/CH
Chocolate Custard

THURSDAY 18 FEBRUARY

GREEN FORK

Tossed Mixed Salad, 4 Kinds
Sweet and Sour Sautéed Turkey/France
Noodles with Vegetables
Diced Mixed Vegetables
Yoghurt with Fruit

Tossed Mixed Salad, 4 Kinds
Neapolitan Lasagna/CH
Diced Mixed Vegetables
Yoghurt with Fruit

FRIDAY 19 FEBRUARY

GREEN FORK

Grated Purple Carrot Salad
Filet of Cod with Lemon Grass/China
Basmati Rice
Spinach
Apple Tart

Grated Purple Carrot Salad
Old-Fashioned Turkey Blanquette/France
Basmati Rice
Spinach
Apple Tart

BON APPETIT