

**LUNCH SERVICE**  
**MIGROS**

**I.I. DE LANCY**

**WEEK 05**

**MONDAY 01 FEBRUARY 2010 TO**  
**FRIDAY 05 FEBRUARY 2010**

**MONDAY 01 FEBRUARY**

***GREEN FORK***

Tossed Salad, 4 Kinds  
Turkey Bourguignonne/France  
Cornette Pasta with Butter  
Wax Beans  
Mandarine Oranges

Tossed Salad, 4 Kinds  
Pure Beef Ground Steak/CH  
Cornette Pasta with Butter  
Wax Beans  
Mandarine Oranges

**TUESDAY 02 FEBRUARY**

***GREEN FORK***

Tossed Lolo Salad,Cucumbers  
Pan-Fried Filet of Plaice/Holland  
Polenta with Milk  
Diced Mixed Vegetables  
Yoghurt Maple Syrup

Tossed Lolo Salad,Cucumbers  
Sautéed Veal with Cream/CH  
Polenta with Milk  
Diced Mixed Vegetables  
Yoghurt Maple Syrup

**WEDNESDAY 03 FEBRUARY**

***GREEN FORK***

Scarole Tossed Salad/Soybean Sprouts  
Sautéed Lamb with Rosemary/NZ  
Penne Pasta with Butter  
Courgettes  
Fruit Compote

Scarole Tossed Salad/Soybean Sprouts  
Sautéed Rabbit with Mustard/CH  
Penne Pasta with Butter  
Courgettes  
Fruit Compote

**THURSDAY 04 FEBRUARY**

***GREEN FORK***

Tossed Salad and Chinese Cabbage  
Sautéed Chicken Colombo/Brazil  
Creole Rice  
Vichy Style Carrots  
Floating Island

Tossed Salad and Chinese Cabbage  
Salmon Timbale, Butter with Dill/Chile  
Creole Rice  
Vichy Style Carrots  
Floating Island

**FRIDAY 05 FEBRUARY**

***GREEN FORK***

Tossed Cabus Salad/Corn  
Roast Veal with Herbs/CH  
Hash Browns  
Leeks with White Sauce  
Caramel Cream Dessert

Tossed Cabus Salad/Corn  
Oriental Style Sautéed Pork/CH  
Hash Browns  
Leeks with White Sauce  
Caramel Cream Dessert

**BON APPETIT**